



# ENTRY FORM ERFENIS DAM MILE - 26 NOVEMBER 2011

At Erfenisdam Nature Reserve between Theunissen and Winburg

**Closing date for registration: Wednesday 23 November 2011.**

Late entries will ONLY be accepted on site on the day of the event. Entries close 1 hour prior of event.

Website [www.erfenisdammile.co.za](http://www.erfenisdammile.co.za) and email address: [erfenismyl@gmail.com](mailto:erfenismyl@gmail.com)

<b><u>PERSONAL INFORMATION:</u></b>	<b>ENTRY NR.</b>		
ID no: _____ Club Name _____			
Surname: _____ First Name: _____			
Gender: M / F Age at Race: _____			
e-mail address: _____ Cell no.: _____			
Emergency Contact: Name: _____ ICE Cell no: _____			
Special Medical Conditions: _____			
Medical Aid: <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td>Yes</td><td>No</td></tr></table> Medical Aid Name: _____	Yes	No	
Yes	No		
Medical Aid Number: _____			
<b>For Triathlon Team Event: Captain's name:</b> _____			
Team members: _____			

<b>ENTRIES AND FEES PAYABLE – Please tick the appropriate box.</b>					<b><u>TSA Rules Apply</u></b>
<b>TIME</b>	<b>EVENT</b>	<b>DESCRIPTION</b>	<b>FEE</b>		<b>NB Entry fees</b> are per person per event except for the Team Triathlon (event 2) in which case the captain pays for the team
<b>7h00</b>	<b>Events 1</b>	Cross Triathlon (STD) Registered	R150	<input type="checkbox"/>	
		Cross Triathlon (STD) Non-Registered	R220	<input type="checkbox"/>	
<b>7h00</b>	<b>Event 2</b>	Cross Triathlon (Team) Registered Team fee	R180	<input type="checkbox"/>	
		Cross Triathlon (Team) Non-Registered Team Fee	R220	<input type="checkbox"/>	
<b>7h00</b>	<b>Event 3</b>	Cross Triathlon (Half STD) (18jr +) Registered	R 80	<input type="checkbox"/>	
		Cross Triathlon (Half STD) (18jr +) Non-Registered	R110	<input type="checkbox"/>	
<b>7h00</b>	<b>Event 4</b>	3000 m Swim Open	R 80	<input type="checkbox"/>	
<b>8h00</b>	<b>Event 5</b>	10 km Fun Run	R 50	<input type="checkbox"/>	
<b>8h15</b>	<b>Event 6</b>	Half Marathon 21.1 km (Registered)	R 60	<input type="checkbox"/>	
		Half Marathon 21.1 km (Non-Registered)	R 80	<input type="checkbox"/>	
<b>Presented in accordance with the rules of ASA and IAAF</b>					
<b>8h30</b>	<b>Event 7</b>	40 km Mountain Bike Race	R 80	<input type="checkbox"/>	
<b>9h00</b>	<b>Event 8</b>	20 km Mountain Bike Race	R 80	<input type="checkbox"/>	
<b>10h00</b>	<b>Event 9</b>	1500 m Men's Swim Open	R 80	<input type="checkbox"/>	
<b>10h30</b>	<b>Event 10</b>	1500 m Women's Swim Open	R 80	<input type="checkbox"/>	
				<b>TOTAL:</b>	R.....

**Banking details:**

Acc Name: Erfenisdammyl  
 ABSA Bank Theunissen  
 Cheque account  
 Branch code : 632 005  
 Account no.: 4077 926 835

Fax proof of payment **with** entry form to:  
 086 718 2188 or e-mail:  
[erfenismyl@gmail.com](mailto:erfenismyl@gmail.com)

I declare that I am an amateur and that I shall participate in the race at my own risk and that I shall exonerate organizers and sponsors from all liability in the event of an accident.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
 (If under 18 yrs parent or Legal Guardian to sign)